

Baltimore is separated into areas — Federal Hill, Fells Point, Mount Vernon, Pigtown, Inner Harbor, and Canton to name a few. All these neighborhoods have tons of amazing restaurants. I recommend just Googling the best restaurants in each area.

It is really easy to get around the city. The [Charm City Circulator](#) is a free and very easy-to-use bus system that can get you to pretty much anywhere you need to go, or at least a short walk from it.

Light Street/Cross Street has an excellent nightlife scene for dinner, bars, and dancing. My favorite restaurant over there is [Shoyou Sushi](#). It is fresh, authentic, creative sushi served to impress. They get busy quickly during dinner, and they do a huge takeout service since Covid, so I recommend ordering takeout and walking over to Fed Hill to enjoy your dinner overlooking the harbor and cityscape.

The [Cross Street Market](#) is also a fun place to find food, and they have a delicious coffee shop, [Ceremony Coffee Roasters](#), in the market. Nearby, there is also [Moo Moo Cows](#) ice cream, which is in the top 10 ice cream places in the U.S. Also in this area is [Spoons Cafe](#), which makes AMAZING beignets and other breakfast/brunch fares.

Maryland is, of course, known for crabs, and you can pretty much find crab on every menu. As far as main seafood fares and fresh picking crabs, I recommend [Phillips Seafood](#) at the Inner Harbor. It's close to the host hotel, and they have a ton of seating.

There are tons of food carts around the city near the host hotel and hospital, but the best one in my opinion is the [Baraka Halal Food cart](#) outside the main entrance to University of Maryland Medical Center (UMMC) at the corner of W Baltimore St and S Greene St. My favorite thing to order is "mix over rice, no spicy." That's mixed chicken and lamb served over rice and veggies and topped with an amazing white sauce, of which he has a spicy version that is too spicy for me! It used to be cash only, not sure if it still is. This used to come with a canned drink, all for \$7+tip and it would feed me for lunch and dinner. I'm sure the prices have changed, but that guy's cart is a lunchtime staple and would be a great place to try during the one-hour breaks. There is a little park with tables across the street where people can eat.

The [National Aquarium](#) is fantastic, and it's easy to spend hours there. That would be a great activity for families. There is also a science museum ([Maryland Science Center](#)) that is great for kids. Both of these are at the Inner Harbor. The [Harbor](#) also has tons of touristy/gimmick restaurants and activities to try.